



Buena Salud[®] Club

February is Teen Dating Violence Awareness and Prevention Month

Dating violence is a type of intimate partner violence that can take place in person or electronically (such as repeated texting or posting sexual pictures of a partner online).

Did you Know?

1 in 10 high school students has experienced physical violence from a dating partner in the past year.

What Can You Do?

Talk to the teens in your life about the importance of healthy, respectful relationships.

The nature of dating violence can be physical, emotional, sexual, or stalking:

- ◇ **Physical:** When a partner is pinched, hit, shoved, slapped, punched, or kicked.
- ◇ **Psychological/Emotional:** Threatening a partner or harming their sense of self-worth. Examples include name calling, shaming, bullying, embarrassing on purpose, or keeping him/her away from friends and family.
- ◇ **Sexual:** Forcing a partner to engage in a sex act when he or she does not or cannot consent. This can be physical or nonphysical, like threatening to spread rumors if a partner refuses to have sex.
- ◇ **Stalking:** Pattern of harassing or threatening tactics that are unwanted and cause fear in the victim.

Questions?

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