



Buena Salud® Club

Cervical cancer is preventable, detectable, and treatable!

Did You Know?

- Detecting cervical cancer early can save your life.
- Hispanic women develop cervical cancer more frequently than any other racial/ethnic group.
- The main cause of cervical cancer is a virus called the human papillomavirus (HPV).
- People get infected with HPV through sexual activity.
- An HPV infection can cause cervical cells to become cancerous.

5 Steps to Reduce Your Risk

Talk with a health care provider about the following ways to prevent cervical cancer:

1. Get all recommended doses of the HPV vaccine, if 9-26 years old.
2. Get regular Pap tests to detect early signs of cervical cancer.
3. If 30+, get additional HPV test to check for the virus.
4. Use condoms properly and regularly.
5. Do not smoke.

Questions? Call us today at 1-866-783-2645 for free health info!

**Call 1-866-783-2645 for
information about getting a Pap
smear, HPV vaccine, or finding a
health care provider in your area.**

**Recieve a FREE exercise band
when you call!**

*applies to first 50 callers



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